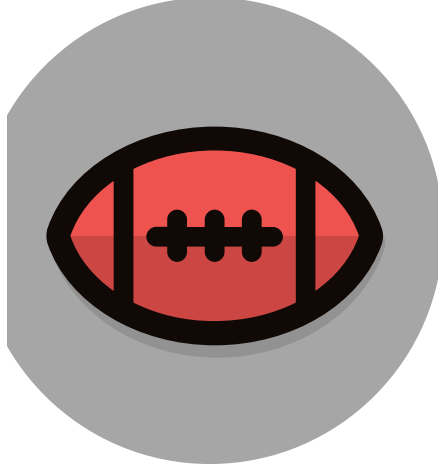




All training held
at Clarkson Park,
Littleton



- Speed
- Agility
- Conditioning
- Explosive Power
- Quickness
- Strength
- Injury Prevention
- Mental toughness

FALL SPORTS PERFORMANCE

AUGUST 9 - OCTOBER 1
8 WEEKS

SUNDAY THROUGH THURSDAY
UNLIMITED ACCESS 5X/WEEK!

GRADES 3-7 4:30-5:30PM
GRADES 8-12 5:30-6:30PM

\$320

(2 PAYMENTS OF \$160 DUE AUG 15 AND SEPT 15 AVAILABLE)

***ONCE REGISTERED, NO REFUNDS GIVEN**



Sterling's
TEAM SPEED
THE TRAINING STARTS HERE