



**All training held
at Clarkson Park,
Littleton**

- Speed
- Agility
- Conditioning
- Explosive Power
- Quickness
- Strength
- Injury Prevention
- Mental toughness

FALL SPORTS PERFORMANCE EXTENDED!

**OCTOBER 4 - OCTOBER 31
4 WEEKS**

**SUNDAY THROUGH THURSDAY
UNLIMITED ACCESS 5X/WEEK!**

**GRADES 3-7 4:30-5:30PM
GRADES 8-12 5:30-6:30PM**

\$160

*BILLED ON OCTOBER 1ST
*ONCE REGISTERED, NO REFUNDS GIVEN



**STERLING'S
TEAM SPEED**
— THE TRAINING STARTS HERE —