



## Sterling's Team Speed Private Training Rates

<b>Sessions</b>	<b>Price</b>	<b>Price/Session</b>	<b>Payment Options</b>	<b>Expiration</b>	<b>Training Frequency</b>
<b>12</b>	\$840	\$70	2 @ \$420	3 mos	1x/week
<b>24</b>	\$1560	\$65	3 @ \$520	3 mos	2x/week
<b>36</b>	\$2160	\$60	3 @ \$720	6 mos	2-3x/week

Ages 14 and older - Unlimited access to our Sports Recovery Center and Cardio Equipment for all Private Training Clients.